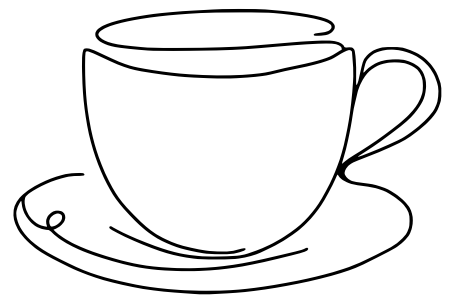
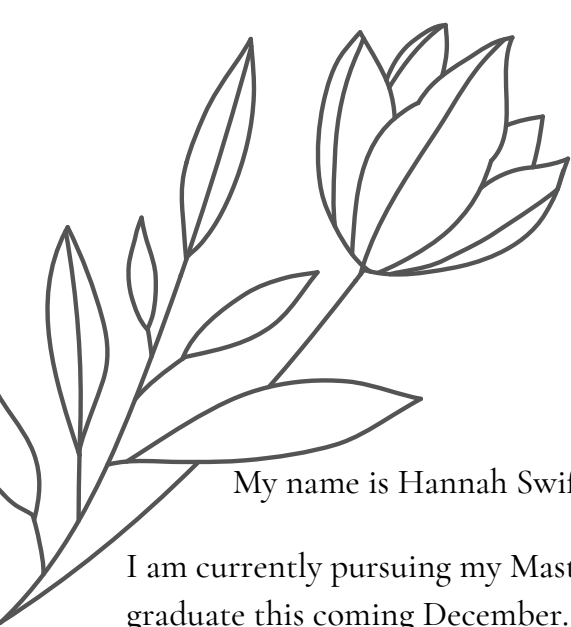




Hello!

My name is Hannah Swift and I am delighted to be your child's school counselor this year!

I am currently pursuing my Master of Social Work from Ohio University and I am excited to graduate this coming December. I have been an intern with Catholic Charities for one year, splitting my time between school counseling and clinical counseling. I have loved getting to work with students from Pre-K through 8th grade, along with their parents and teachers in the school setting! In my full time job, I work as an anti-trafficking educator and advocate for a faith-based nonprofit. In my 15 years of experience with children and families, I have served as preschool teacher, nanny, youth leader, mentor, case manager, and counselor and I bring all of that experience with me into the counseling space. You will typically find me with a cup of lukewarm coffee and an eagerness to serve. When I am not working, I enjoy listening to audiobooks, going for walks, playing boardgames, and spending time with my husband and our son.

If your child is struggling with ...

- Peer relationships
- Emotional regulation
- Stress, anxiety, or depression
- Time management
- Transitions, life changes, or grief
- Confidence and self-esteem

... or anything else that may be interfering with their academic success or overall wellbeing, please do not hesitate to reach out! I will be happy to work with you and your student to identify strategies and resources for support.

I strive to make my counseling space one of refuge and peace. I hope that it will be a space where your child feels seen, heard, and understood, on the good days and on the not-so-good days. I hope it will be a place where your child knows that they are loved and accepted just the way they are, where they have permission to feel big feelings, and where it is okay not to be okay. I hope it will be a place of resiliency where students can learn new skills to take back with them into their classrooms, homes, and community. And, I think we will even have some fun along the way. It is my firm belief that the Gospel of Jesus Christ has the power to shine light in and bring healing to the darkest parts of our hearts. Wherever your family is on your spiritual journey, I hope that you will be able to see that light during our time together.

In partnership,

Hannah Swift

